

Where Champions Race!



Come Run at the FSU Invitational

October 15, 2021

**@Apalachee Regional Park
5 p.m., 3k Cross Country Race**

- Open to Elementary School Students (Grades K-5)
- Entry is free!
- Everyone receives a commemorative gift
- This race will be combined - boys & girls - over the same, one-loop course that has hosted the USATF National Championships, Florida High School State Championships and the upcoming NCAA Cross Country Championships;
- Register by letting your PE coach you intend to compete in the race;
- Arrive at Apalachee Regional Park no later than 4:15 p.m. on race day (give yourself enough time as it will be crowded);
- Be at the starting line wearing your race bib no later than 4:45 p.m.;
- All finishers of the 3k race will receive an official time for competing!

Attention Coaches

Thank you for your interest and support of the first Elementary School race in FSU Invitational history. We are excited about promoting our sport at a world-class venue; establishing a connection with a healthy lifestyle activity.

Here are the most important items requiring your assistance:

- Friday, Oct. 15 race time – 5 p.m. (3k) – combined boys and girls
- How to register : Each school (1 per school) submits an Excel sheet with first and last names of each student intending to compete to me – bttrackguy@outlook.com – by Friday, Oct. 8 at 6 p.m.
- There is no entry fee and all competitors will receive a commemorative gift
- Race packet pickup – 3:00-4:30 p.m. on Oct. 15, which will be organized by school (**Note:** we really need one person per school to coordinate this process)
- Racers must be assembled at the Apalachee Regional Park starting line by 4:45 p.m. with racing bibs attached (they will include timing chip)